

Frugal (Sustainable) Living: Selected Bibliography

Economics:

Adler, Moshe. Economics for the rest of us: Debunking the science that makes life dismal. N.Y.: The New Press, 2010. (330 Adler)

Barber, Benjamin R. Consumed: How markets corrupt children, infantilize adults, and swallow citizens whole. N.Y.: W.W. Norton & Co., 2007. (339.46 Barber)

Diamond, Jared M. Collapse: how societies choose to fail or succeed. N.Y.: Viking Press, 2005. (304.28 Diamond)

Leonard, Annie. The Story of Stuff: how our obsession with stuff is trashing the planet, our communities, and our health - and a vision for change. N.Y.: Free Press, 2010. (306.4 Leonard)

Patel, Raj. The Value of Nothing: How to reshape market society and redefine democracy. N.Y.: Picador, 2009. (330.122 Patel)

"Green" Living:

Beavan, Colin. No Impact Man: The Adventures of a Guilty Liberal Who Attempts to Save the

Planet, and the Discoveries He Makes About Himself and Our Way of Life in the Process
. Farrar, Straus, & Giroux, 2009. (333.72 Beavan)

Geagan, Kate. Go Green, Get Lean: trim your waistline with the ultimate low-carbon footprint diet
. Rodale Press, 2009. (613.25 Geagan)

Haynes, Chip. Wearing Smaller Shoes: Living light on the big blue marble, by Chip Haynes,
New Society Publishers, 2009. (333.72 Haynes)

Sandbeck, Ellen. Green Barbarians: Live bravely on your home planet. Scribner, c2010. (640 Sandbeck)

Pertinent websites:

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Balle: Business Alliance for Local Living Economies (socially responsible businesses)
<http://www.livingeconomies.org/>

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E-Stewards Program <http://e-stewards.org/> (electronics recycling)

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Happy Planet Index <http://www.happyplanetindex.org/> Shows a map of the world, with countries sized according to their “happiness”. Created by the New Economics Foundation, (**nef**), which “aims to enhance individual and collective well-being in ways that are environmentally

sustainable and socially just.“

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Redefining Progress (<http://www.myfootprint.org/>) is the nation’s leading public policy think tank dedicated to smart economics and finding solutions that ensure a sustainable and equitable world for future generations.

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No Impact Project <http://noimpactproject.org/>

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Product Policy Institute <http://www.productpolicy.org/> Works to implement policies that lead to well-designed products, green jobs and less waste.

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The Story of Stuff <http://www.storyofstuff.com/>

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WiserEarth <http://www.wiserearth.org/> A free online community space connecting the people, nonprofits and businesses working toward a just and sustainable world.

The Indian Valley Public Library owns many books pertaining to sustainable living, consumer behavior, and environmental protection. Search our on-line catalog at the library or via our website (www.ivpl.org). Useful subject headings include: "*consumer behavior*", "*economics*", "*environmental protection-citizen participation*", "*green movement*"

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April 2010